

FREE RADICAL GENERATION BY METHYLGLYOXAL IN TISSUES

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SUMMARY

Methylglyoxal (MG) is a reactive dicarbonyl intermediate of the glycolytic pathway. Increased oxidative stress is associated with conditions of increased MG, such as diabetes mellitus. Increased oxidative stress is due to an increase in highly reactive by-products of metabolic pathways, the so-called reactive oxygen species, such as superoxide anion, hydroxyl radical, hydrogen peroxide, nitric oxide and peroxynitrite. These reactive species react with a variety of proteins, enzymes, lipids, DNA and other molecules and disrupt their normal function. Oxidative stress causes many pathological changes that lead to vascular complications of diabetes mellitus, hypertension, neurodegenerative diseases and aging. In this review we summarize the correlation of elevated MG and various reactive oxygen species, and the enzymes that produce them or take part in their disposal, such as antioxidant enzymes and cofactors. The findings reported in various studies reviewed have started filling in gaps in our knowledge that will ultimately provide us with a clear picture of how the whole process that causes cellular dysfunction is initiated.

KEY WORDS

methylglyoxal, oxidative stress, MAPK, nuclear factor- κ B, hydrogen peroxide, superoxide, peroxynitrite

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INTRODUCTION

Methylglyoxal (MG) is a reactive dicarbonyl compound formed in the glycolytic pathway, mainly through spontaneous transformation of triose phosphates /1/. MG can also be formed from intermediates of protein metabolism (such as aminoacetone) and fatty acid metabolism (such as acetone). MG along with other reactive intermediates, such as glyoxal and 3-deoxyglucosone (3-DG), are also known as reactive carbonyl species (RCS). An excess of these dicarbonyl compounds causes carbonyl overload and stress /2,3/ in conditions such as diabetes mellitus /2/, hypertension /4/ and atherosclerosis /5,6/. In this review we discuss elevated levels of MG and oxidative stress.

FREE RADICALS AND OXIDATIVE STRESS

Free radicals are atoms or molecules that have an unpaired electron, symbolized by \cdot , in an orbit, and are more reactive than other atoms or molecules. Two free radicals can share their unpaired electrons by forming a covalent bond and at the same time forming a non-radical stable compound. On the other hand, a free radical can donate its unpaired electron to a molecule or get an electron from a molecule and the latter then becomes a free radical and a chain reaction begins.

The term 'reactive oxygen species' (ROS) includes oxygen-derived free radicals as well as highly reactive non-radicals which do not have an unpaired electron in their orbit, such as hydrogen peroxide (H_2O_2). An excess of free radicals and ROS in the body is known as oxidative stress and is associated with a number of disease conditions, such as atherosclerosis /7/, diabetes mellitus /8/, hypertension /4,9,10/, etc. ROS are generated through multiple sources in the cell as described below. ROS also act as second messengers in signal transduction and regulate gene transcription. When they are generated in response to cytokines, growth factors and certain hormones, they are involved in ion transport, transcription, neuromodulation and apoptosis /11,12/. ROS can activate transcription factors, such as nuclear erythroid 2 p45-related factor 2 (Nrf2), nuclear factor κ B (NF- κ B) and activator protein 1 (AP-1) /13/.

Superoxide anion

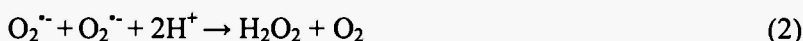
Superoxide ($O_2^{\cdot-}$) is a free radical that is formed by adding an electron to an oxygen molecule: $O_2 + e^- \rightarrow O_2^{\cdot-}$. Superoxide is produced in the body during mitochondrial electron transfer reactions /14,15/, by NADPH oxidase /16-18/, xanthine oxidase /19/, cytochrome P450 /20/, uncoupled endothelial nitric oxide synthase (eNOS) /21/ and by phagocytes /22/. The enzyme superoxide dismutase (SOD) /23/ removes superoxide formed in the body by catalyzing the reaction:



The measurement of superoxide in biological samples is done with a widely used and sensitive lucigenin-enhanced chemiluminescence assay that uses the probe bis-*N*-methylacridinium nitrate (lucigenin) /24/. Superoxide is also measured with the fluorescent probe dihydroethidium (DHE). However, DHE oxidation yields at least two fluorescent products, 2-hydroxyethidium (EOH), known to be more specific for superoxide, and the less-specific product ethidium that may be due to peroxidase/ H_2O_2 but not H_2O_2 alone /25/.

Hydrogen peroxide

Hydrogen peroxide (H_2O_2) is not considered as a free radical but it is also highly reactive and toxic to cells. H_2O_2 is formed by the reaction:



that is catalyzed by SOD /23/. Other sources of H_2O_2 include xanthine oxidase /26/ and phagocytes /27/. H_2O_2 is especially believed to be one of the main ROS taking part in cell signalling /13/, including a possible role in insulin secretion /28/ and as an endothelium-derived hyperpolarizing factor /29/.

H_2O_2 is removed by the enzyme catalase. In addition, glutathione peroxidase (GSH-Px) can also convert H_2O_2 to water with the help of reduced glutathione (GSH) that is converted to oxidized glutathione (GSSG)



H₂O₂ formation is usually measured by the formation of the fluorescent compound 2',7'-dichlorofluorescein (DCF) from the probe 2',7'-dichlorofluorescein diacetate (DCFH-DA). Once the probe enters the cells, DCFH-DA is converted into membrane-impermeable DCFH₂ and the latter is then instantly oxidized to form DCF in the cytosol /30/. This probe has been used as an overall index of oxidants and oxidative stress, but H₂O₂ may be the principal oxidant that converts it to the fluorescent DCF /31/. However, the DCFH assay is also sensitive to changes in peroxynitrite (ONOO⁻) content /32,33/.

Nitric oxide

Nitric oxide (NO), produced by the nitric oxide synthases in the body, is another free radical with an unpaired electron and it reacts with superoxide /34/. NO has been established as an important signalling molecule in the body that plays a role in a variety of physiological as well as pathological processes /35/. It is mainly synthesized by three known isoforms of nitric oxide synthase (NOS), neuronal (nNOS), inducible (iNOS) and endothelial (eNOS) /35/. Two isoforms, nNOS and eNOS, are calcium-calmodulin-dependent, whereas iNOS is calcium-independent in terms of its activation /35/. NO is an endothelial vasodilator mediator as well as a neurotransmitter in the central and enteric nervous systems /36/. It is also one of the cytotoxic components of phagocytic cells such as macrophages /37/.

Many methods have been used to measure NO production in cells including chemiluminescence in a reaction with ozone /38/. More recently, NO has been measured with the probe 4-amino-5-methylamino-2',7'-difluorofluorescein (DAF-FM) /39,40/. The stable end products of NO, nitrite and nitrate, can be measured by the fluorescent probe 2,3-diaminonaphthalene /41/ that is about 50 times more sensitive than the commonly used Griess reaction assay /42/.

Peroxynitrite

NO rapidly reacts with superoxide to form the extremely strong and reactive oxidant peroxynitrite (ONOO⁻), which can cross the cell membrane freely and accounts for most of the toxicity of excess NO /32,43,44/:



Peroxynitrite can initiate cell signalling or cause oxidative injury, necrosis or apoptosis by interacting with lipids, DNA, and proteins /44/. *In vivo*, peroxynitrite is formed in many conditions, such as stroke, neurodegenerative disorders, diabetes mellitus, myocardial infarction, chronic inflammatory diseases and cancer /44/. Peroxynitrite was shown to cause nitration of the insulin molecule that may lead to its reduced receptor binding and insulin resistance /45/. Peroxynitrite also triggered apoptosis in cultured canine cerebral vascular smooth muscle cells (VSMCs) /46/. The formation of peroxynitrite also results in the inactivation of the biological function of NO.

As noted earlier, the DCFH assay, besides being the most common method for measuring H_2O_2 , is also sensitive to changes in peroxynitrite content /32,33/. For this reason the NOS inhibitor N^ω -nitro-L-arginine methyl ester (L-NAME) can be used to differentiate peroxynitrite production from H_2O_2 in the DCFH assay /40/.

Mitogen activated protein kinases

Mitogen activated protein kinases (MAPKs) are serine/threonine kinases and consist of four subfamilies: the extracellular-signal-regulated kinases (ERKs), ERK5, JUN N-terminal kinases (JNKs) and the p38 kinases /47,48/. They activate a number of transcription factors and other protein kinases, such as MAPK-activated protein kinases (MAPKAPKs) /48/. MAPKs play a role in many processes, such as cell differentiation and apoptosis and the cell cycle. JNK and p38 are activated by oxidative stress, other environmental stress /49, 50/, pro-inflammatory stimuli /50/, and cytokines such as interleukin-1 (IL-1) /51/, transforming growth factor- β (TGF- β) /52/ and tumor necrosis factor- α (TNF α) /48/. ERK is activated by growth-promoting mitogenic stimuli. There are four isoforms of p38 which have some common substrates but different activities /53/. Activation of p38 leads to increased expression of mRNAs for cytokines and receptors involved in inflammation and immunity /54/.

Nuclear factor- κ B

Nuclear factor- κ B (NF- κ B) is a family of transcription factors that consists of seven structurally related proteins. They are activated by

cytokines, ROS and other stimuli. They play a role in inflammation and regulate cardiovascular function and growth /55/. Generally, in resting cells a majority of NF- κ B subunits are associated with a family of proteins called inhibitors of NF- κ B (I κ B). NF- κ B is commonly activated by some bacteria and bacterial products, such as lipopolysaccharide, viruses, stress, mitogens and growth factors. NF- κ B in turn activates targets such as the chemokines IL-1 α and IFN γ , immune receptors, adhesion molecules, such as intercellular adhesion molecule-1 (ICAM-1) and vascular cell adhesion molecule-1 (VCAM-1), stress response genes, such as angiotensin II and MnSOD, regulators of apoptosis, enzymes, some transcription factors, growth factors and cell cycle regulators /56/. NF- κ B was the first transcription factor shown to be redox-regulated in Jurkat cells /57/.

METHYLGLYOXAL AND OXIDATIVE STRESS

MG has been shown to increase oxidative stress in various *in vivo*, *in vitro* and cell culture studies. These studies typically measure some of the more common parameters of oxidative stress, such as superoxide anion, hydrogen peroxide, peroxynitrite and NF- κ B. We summarize some of these findings and present a schematic overview of MG-induced increase in oxidative stress.

Methylglyoxal and superoxide anion

Increased levels of superoxide have been found in association with increased MG levels *in vivo* in rats as well as after exposure of different cell types to exogenous MG, suggesting a direct link between MG and the formation of superoxide. Thus, increased superoxide production in the aorta of 13 week-old spontaneously hypertensive rats (SHR) was associated with elevated plasma and aortic MG levels and blood pressure, compared with age-matched Wistar Kyoto (WKY) rats /58/. Consequently, exposure of cultured rat aortic VSMCs /40/ to different concentrations (10-300 μ M) of MG for 4 h resulted in a significantly increased superoxide production in a concentration- and time-dependent manner. This increased superoxide production was markedly reduced by the superoxide scavenger SOD or NAD(P)H oxidase inhibitor diphenylene iodonium (DPI) /40/. Similarly, incubation of rat kidney mesangial cells with MG (100 μ M for 2 h) increased

superoxide production /59/, which in turn increased mRNA levels for TGF- β 1 and fibronectin, an effect prevented by SOD. Inhibition of MG-induced superoxide production with DPI indicated NADPH oxidase as its source. The authors suggested that MG-induced renal fibrosis may be linked to increased superoxide production /59/. Neutrophils are a common source of superoxide produced as a part of their bactericidal action. MG has been shown to increase superoxide production in neutrophils /60/. Incubation of neutrophils with 1 μ M to 1 mM MG for 60 min at 37°C resulted in a concentration-dependent increase of basal as well as formyl-methionyl-leucyl-phenylalanine (fMLP)-stimulated production of superoxide. Moreover, this stimulant action of MG was seen in the absence of plasma proteins, indicating a direct action on the cells and not through modification of a plasma protein. The mechanism involves p38-MAPK-dependent exocytosis of granules that provide cytochrome b_{558} , a component of NADPH oxidase /60/, which produces superoxide. MG-induced formation of advanced glycation endproducts (AGEs) in mitochondrial proteins from streptozotocin-induced diabetic rat kidney cortex was associated with significantly increased production of superoxide and oxidative damage. Aminoguanidine improved mitochondrial respiration and decreased oxidative damage to mitochondrial proteins /61/.

Thus, activation of NADP oxidase and mitochondrial enzymes seem to be the main sources of MG-induced superoxide production. Future studies may well reveal other sources, such as cytochromes and xanthine oxidase.

Methylglyoxal and hydrogen peroxide

Similar to superoxide, significantly increased H_2O_2 production in the aorta of SHR was associated with elevated plasma and aortic MG levels and blood pressure, compared to WKY rats at 13 weeks of age /58,62/. In an earlier study, using the probe DCFH, we have shown that incubation of VSMCs with MG (50-500 μ mol/l) for 24 h caused a significantly greater increase in oxidative stress in cells from SHR compared to those from WKY rats /63/. MG at a concentration of 100 μ mol/l caused a two-fold increase in oxidative stress in VSMCs from SHR and a 1.57-fold increase in VSMCs from WKY rats. In a more recent study /40/, incubation of rat aortic VSMCs with MG increased the generation of H_2O_2 as measured by the DCFH-DA probe along with NOS inhibitor L-NAME. However, MG-induced oxidized DCF

was prevented by *N*-acetyl cysteine (NAC) and GSH, both scavengers of MG, but not by the H_2O_2 scavenger catalase. The failure of catalase to inhibit MG-induced oxidized DCF might be explained by the fact that it is cell membrane-impermeable. When the cells were treated with MG and catalase, MG-induced H_2O_2 might react with DCFH₂ to form oxidized DCF inside the cell before being scavenged by catalase, which is located in the extracellular space or medium /40/.

Leoncini and Poggi /64/ reported an accumulation of H_2O_2 in platelets after exposure to MG. Platelets from healthy human volunteers were incubated with increasing concentrations of MG (0.1-5.0 mM) for 2 min at 37°C. Subsequently, stimulation with thrombin, a platelet aggregating agent, significantly increased H_2O_2 that was measured by the DCFH-DA probe. Toxicity of MG was ruled out by the absence of release of L-lactic dehydrogenase /64/. The exact mechanism by which MG caused H_2O_2 production was not shown but a depletion of platelet GSH content and the consequent inhibition of glutathione peroxidase activity which can remove H_2O_2 /65/ was discussed as a possible mechanism /64/. Platelet activating agents, such as thrombin, arachidonic acid, and the Ca^{2+} ionophore A23187, also cause an increase in H_2O_2 generation in platelets /65/. Thus, it is possible that agonists such as thrombin may be increasing MG production by enhancing the glycolytic pathway /66/ and MG in turn may be increasing H_2O_2 accumulation by depleting GSH /67/ and/or through some other mechanism.

MG has also been shown to increase H_2O_2 production in neutrophils /60/. Incubation of neutrophils with 1 μM to 1 mM MG in plasma for 60 min at 37°C resulted in a concentration-dependent increase of basal as well as phagocytosis of *Staphylococcus aureus*-induced production of H_2O_2 . H_2O_2 production by 1 mM MG was blocked by pre-incubation with the MG scavenger aminoguanidine (5 mM). As with superoxide, MG-induced H_2O_2 was independent of the presence of plasma proteins, indicating a direct action of MG on the cells. Thus, MG activates p38-MAPK-dependent exocytosis of granules to provide cytochrome b_{558} for NADPH oxidase, which is the source of H_2O_2 generation /60/.

In a study on myeloma cell line U266, MG (10 μM) + cisplatin (3 $\mu\text{g/ml}$) increased intracellular peroxides by 4-fold at 15 h, as measured by the DCFH-DA assay, when compared with cisplatin or MG alone. Pretreatment with NAC (10 mM) completely inhibited ROS accumu-

lation at 15 h induced by either cisplatin (3 $\mu\text{g/ml}$), MG (10 μM), or MG (10 μM) + cisplatin (3 $\mu\text{g/ml}$) in combination. Thus, MG and cisplatin worked synergistically to increase intracellular ROS generation /68/. The mechanism behind this synergistic effect is not clear.

Methylglyoxal and nitric oxide/peroxynitrite

The increase in blood pressure in the SHR, followed from 4 to 13 weeks of age, was associated with significantly increased NO production, increased iNOS expression and reduced eNOS expression in the aorta, along with elevated plasma and aortic MG levels, compared with age-matched WKY rats /62/. This increase was prevented by treatment of SHR with the MG scavenger aminoguanidine (1 g/l in drinking water) for 9 weeks starting at 4 weeks of age. *In vitro* treatment of rat aortic VSMCs with MG (0-100 μM) /40/ caused increased NO generation, as measured by DAF-FM. As described earlier, MG also increased production of superoxide that interacts with NO and leads to formation of peroxynitrite. The NOS inhibitor L-NAME was used to differentiate peroxynitrite production from H_2O_2 in the DCFH assay. MG-induced oxidized DCF was concentration- and time-dependently inhibited by L-NAME. This provides the evidence that MG can induce not only H_2O_2 but also peroxynitrite generation in rat VSMCs /40/. Increased peroxynitrite indicates increased NO and superoxide generation induced by MG, as described earlier. Immunocytochemical staining showed increased expression of iNOS in cells treated with MG (100 μM for 18 h) as compared to the untreated group. MG-induced iNOS expression was prevented by NAC (600 μM). Fructose (2.5-30 mM for 3-24 h) also causes increased peroxynitrite production in cultured rat aortic VSMCs that was mediated by elevated MG /69/. Thus, in all likelihood iNOS seems to be the source of increased NO formation in response to MG.

We have also found gender differences in the expression of nNOS in 24 week-old stroke-prone spontaneously hypertensive rats (SHRsp). Thus male Sprague-Dawley rats (SD) and SHRsp had decreased kidney eNOS levels compared to age-matched female SD and SHRsp, respectively. This was associated with increased kidney levels of iNOS and MG-induced AGEs, N_ϵ -carboxyethyl-lysine (CEL) and N_ϵ -carboxymethyl-lysine (CML), in male and female SHRsp compared to age-matched male and female SD rats /70/.

Methylglyoxal and p38 MAPK

Neutrophils in their normal state are quiescent but when primed by lipopolysaccharide and TNF α they become active to produce ROS and release proteolytic enzymes to kill bacteria. It has been shown that activation of p38 MAPK plays a role in the priming and activation of neutrophils /71,72/. MG activates p38 MAPK in neutrophils /60,71, 72/, human endothelial cells /73/ and rat kidney mesangial cells /74/. Inhibition of p38 MAPK prevented this effect of MG. Incubation of neutrophils with MG (1 mM for 15-60 min) significantly phosphorylated and activated p38 MAPK at 15 min and significantly increased plasma membrane expression of CD35 and CD66b at 45 and 60 min. CD35 and CD66b expression is indicative of exocytosis of secretory vesicles and specific granules /60/. This effect of MG was prevented by aminoguanidine (5 mM). The mechanism by which MG activates p38 MAPK may be through a direct or indirect action on the cell. The indirect action of MG may be through modification of a plasma protein, such as albumin, which activates p38 MAPK /75/, or by forming AGEs that bind to AGE receptors /1/ on neutrophils /76/ and activate them. The direct action of MG would be to enter the cells and directly stimulate the p38 MAPK signalling pathway. Since the stimulatory action of MG on neutrophils took place in protein-free buffer it indicates a direct action /60/. Reduced availability of GSH and changes in the redox state of a cell also activate p38 MAPK /77/, as observed in patients with uremia in whom the ratio of oxidized to reduced glutathione in plasma is increased /78/ along with a decrease in total glutathione concentration in neutrophils /79/.

Methylglyoxal and activation of nuclear factor- κ B

As mentioned earlier, NF- κ B plays a role in inflammation. Compared to VSMCs from WKY rats, in VSMCs from SHR /63/ the basal levels of nuclearly localized NF- κ B p65 were high with an associated increased expression of ICAM-1, which were possibly responsible for inflammatory vascular responses /80/. An increased basal cytoplasmic level of I κ B α (inhibitory protein for NF- κ B) was also observed, which likely represents an adaptive response to enhanced activation of NF- κ B in VSMCs from SHR because the I κ B α gene has κ B elements in its promoter region /81/. There were no differences in the cytoplasmic levels of I κ B β between SHR and WKY VSMCs. Activation of NF- κ B

involves degradation of I κ B α , followed by translocation of the p65/p50 heterodimer to the nucleus /82/. We found that within 3 h of treatment of SHR VSMCs with 300 μ mol/l MG, there was a significant increase in the nuclear level of NF- κ B p65 and a decrease in the cytoplasmic level of I κ B α protein (but no change in the cytoplasmic levels of I κ B β), indicative of NF- κ B activation. Although 300 μ mol/l MG did cause a small but significant rise in cellular oxidative stress, as measured by DCFH oxidation and GSH-Red and GSH-Px inactivation in WKY VSMCs, it did not result in NF- κ B activation, as no change was seen in nuclearly localized NF- κ B p65 or in cytoplasmic I κ B α . The activation of NF- κ B in SHR VSMCs was associated with a large increase of ICAM-1 24 h after exposure to 100-300 μ mol/l MG. A smaller but significant increase in ICAM-1 was also seen in WKY VSMCs 24 h after exposure to 300 μ mol/l but not to 100 μ mol/l MG. We have also found gender differences in the expression of NF- κ B p65 in 24 week-old SHRsp. Thus, male SD rats and SHRsp had significantly increased kidney NF- κ B p65 levels compared to age-matched female SD rats and SHRsp, respectively. Also, SHRsp had higher kidney NF- κ B p65 levels compared to age-matched SD rats. This was associated with increased kidney levels of iNOS and MG-induced AGEs, CEL and CML, in male and female SHRsp compared to age-matched male and female SD rats /70/.

The activation of NF- κ B by oxidants, such as superoxide and H₂O₂, has been observed in human endothelial cells and rat VSMCs /83,84/. We showed that H₂O₂ can induce degradation of I κ B α protein in SHR VSMCs but not in WKY VSMCs. Our results also indicate that MG-induced activation of NF- κ B is likely mediated through production of strong oxidants. Thus, MG caused a significant increase in cellular oxidative stress and increased GSSG content that was prevented by NAC. Also, MG caused significantly more activation of NF- κ B in SHR VSMCs cells, which have a much higher level of endogenous oxidative stress, than those of WKY VSMCs. Moreover, NAC pretreatment decreased the extent of MG-induced activation of NF- κ B in SHR VSMCs and decreased the extent of the associated induction of ICAM-1. This increased oxidative stress in turn activates NF- κ B and this has also been observed in human endothelial cells /85, 86/. Activation of NF- κ B produces downstream effects, such as expression of proinflammatory genes /87/. Increased activation of NF-

κ B was also reported in macrophages from deoxycorticosterone acetate hypertensive rats /88/.

JNK, NF- κ B, and peroxisome proliferator-activated receptor α (PPAR α) are stress-response factors and their expression is regulated by redox cellular changes /89-93/. MG was shown to activate JNK and apoptosis signal-regulating kinase 1 (ASK1), associated with an increase in superoxide production, in Jurkat leukemia T cells /94,95/. MG did not activate NF- κ B in SH-SY 5Y neuroblastoma cells /96/ in contrast to VSMCs /63/. However, MG induced increased expression of JNK and PPAR α in SH-SY 5Y neuroblastoma cells, which have a defective antioxidant ability, making them more susceptible to MG-induced toxicity. Human glioblastoma ADF cells are able to scavenge MG and MG-induced ROS efficiently through antioxidants and hence are less susceptible to its toxic effects /96/.

MG has also been shown to increase oxidative stress through the induction of pro-inflammatory cytokines, IL-1 β and IL-6, in cultured neural cells from rat hippocampus /97/ and neutrophils from non-diabetic humans /98/, respectively. This induction was prevented by pretreatment of neural cells with NAC /97/ or of neutrophils with GSH or metformin /98/.

Glycated proteins and AGEs /99,100/ also induce oxidative stress /101/, partly through induction of cytokines and growth factors /102, 103/. Furthermore, AGEs can interact with the receptor for AGEs (RAGE) and scavenger receptors, which are present in endothelial cells, VSMCs, and mononuclear phagocytes /104/. Activation of these receptors results in strong oxidant production /105/. The interaction of AGEs with RAGEs promotes expression of cell adhesion molecules, such as VCAM-1 and ICAM-1, on endothelial cells, and causes general vasculopathy /85,86/, which is likely mediated by NF- κ B activation caused by the oxidative stress associated with RAGE activation.

Methylglyoxal and antioxidant enzymes: reduced glutathione

MG can increase oxidative stress by inactivating antioxidant enzymes, such as GSH-Red /106/ and GSH-Px /107/, because of their glycation. MG is detoxified by the glyoxalase system that depends on the availability of GSH. MG has been shown to deplete GSH /108, 109/ so that the cell becomes more sensitive to oxidative stress /110/. This establishes a vicious cycle that leads to increased levels of MG.

For example, MG has been shown to reduce GSH content in platelets /67/, isolated hepatocytes /111,112/ and hepatocytes from mice given MG /113/. MG (50-400 mg/kg, i.p.) reduced the liver glutathione content and increased lipid peroxidation in mice /114/. MG also induced depletion of GSH in spinal and cortical neurons /108,109/.

We have shown that incubation of VSMCs from SHR and WKY rats with MG (500 $\mu\text{mol/l}$) reduced the GSH content in these cells /63/. MG (300 $\mu\text{mol/l}$ for 24 h) also increased the levels of GSSG that was inhibited by pretreatment of the cells with NAC (600 $\mu\text{mol/l}$ for 30 min), indicating involvement of oxidative stress /63/. MG (100 $\mu\text{mol/l}$) decreased GSH-Px activity in both cell types but more so in SHR VSMCs. GSH-Px removes H_2O_2 with the help of GSH that is in turn oxidized to GSSG /22,115/. In VSMCs from SHR as well as WKY rats, MG (300-500 $\mu\text{mol/l}$) also reduced the activity of GSH-Red /63/, which acts as an antioxidant by converting GSSG to GSH /115/. *In vivo* in 13 week-old SHR, significantly reduced aortic and plasma GSH and GSH-Red and GSH-Px activity in the aorta were associated with elevated plasma and aortic MG levels and blood pressure, compared to age-matched WKY rats /58,62/.

In a study on mice /114/ intraperitoneal administration of different concentrations of MG (50-400 mg/kg) decreased activities of glutathione-S-transferase (GST), glyoxalase I and glyoxalase II in the liver. MG also affects the activity of antioxidant enzymes, such as SOD, catalase, GST, glyoxalase I and glyoxalase II, as determined *in vitro*. Thus, *in vitro* incubation of MG (0.1-10 mM) with the cytosolic fraction of liver cells resulted in inhibition of enzyme activity by 20-25% with the 10 mM concentration /114/. Glyoxalase I was affected the most by MG with 90% reduction of activity after 2 h incubation with 10 mM MG. A concentration of 1 mM MG for 15 min inhibited glyoxalase I activity by about 20% /114/. A concentration- and time-dependent inactivation of SOD was observed when the enzyme was incubated with MG (5 mM for 5 days) /116/. The inactivation of SOD was more pronounced with 30 mM MG for 24 h. Similarly, incubation of human Cu/Zn-SOD with MG led to the loss of enzymatic activity and release of copper ions from the protein /117/.

Thus, besides increasing oxidative stress mediators, such as superoxide, NO, peroxynitrite and H_2O_2 , MG also inactivates antioxidant enzymes and cofactors which prevents disposal of MG and oxidants, and further aggravates the oxidative stress. A scheme of the proposed

cascade activated by elevated MG resulting in increased oxidative stress is presented in Figure 1.

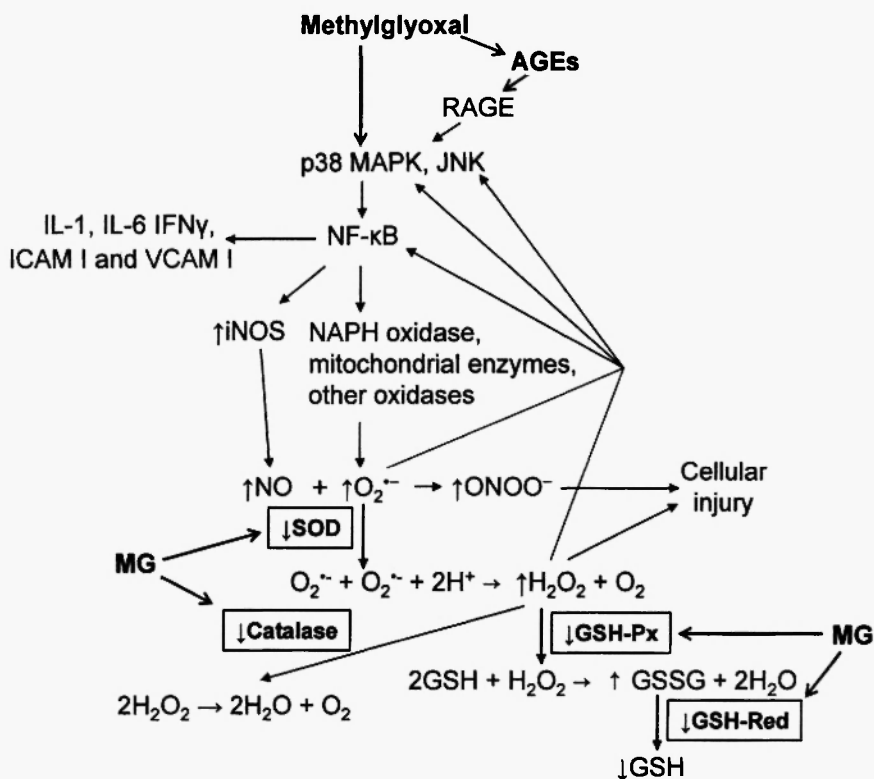


Fig. 1: Schematic diagram showing multiple effects of methylglyoxal that lead to increased oxidative stress in the cell. AGEs = advanced glycation end products; GSH-Px = glutathione peroxidase; GSH-Red = glutathione reductase; GSH = reduced glutathione; GSSG = oxidized glutathione; H₂O₂ = hydrogen peroxide; ICAM-1 = intercellular adhesion molecule 1; IFNγ = interferon γ; IL-1α = interleukin 1α; JNK = JUN N-terminal kinase; MG = methylglyoxal; NF-κB = nuclear factor-kappaB; NO = nitric oxide; O₂⁻ = superoxide anion; ONOO⁻ = peroxynitrite; p38 MAPK = p38 mitogen activated protein kinase; RAGE = receptor for advanced glycation endproduct; SOD = superoxide dismutase; VCAM-1 = vascular cell adhesion molecule 1.

CONCLUSIONS AND FUTURE DIRECTIONS

The concentrations of MG used in different studies on cultured cells range from 10 μ M to 30 mM. The amount of MG that enters the cell from the culture medium may very well depend on the cell type. For example, in a recent study on cultured rat L6 muscle cells /118/ only 3% of the MG (2.5 mM) in the incubation medium was found inside the cells after 30 min. This concentration is on the high side. In our studies on cultured rat aortic VSMCs, we used concentrations from 10-300 μ M and found significant effects on oxidative stress markers at 100 μ M and increased NO production at 10 μ M of MG. Systematic studies that establish optimum incubation concentrations of MG in different cell types and record effects on signalling molecules, oxidative stress markers and markers of apoptosis and toxicity are required to draw proper conclusions. Fortunately, a number of studies are being reported that are slowly filling in gaps in our knowledge. The image of MG as a purely toxic molecule looks likely to change with lower concentrations of MG being ascribed a signalling role.

In conclusion, MG has been convincingly shown by many studies to increase oxidative stress through its effects on p38 MAPK, NF- κ B, iNOS, interleukins, NO, superoxide anion, peroxynitrite and hydrogen peroxide. Increased oxidative stress in turn may be inducing the pathological changes associated with conditions such as vascular complications of diabetes mellitus, hypertension and other conditions that have elevated MG levels.

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